

Creamy Tofu Salad

This looks and tastes like egg salad, even though it's made with tofu & completely Vegan! Recipe from Gourmet 2004

1	14 oz. block of firm tofu, rinsed and drained
1/2 cup	Veganaise
1 t.	fresh lemon juice
1 t.	turmeric
1/2 t.	dry mustard
2	celery ribs
1/4 cup	chopped fresh chives (we used scallions)
1/2 t.	salt, or to taste
1/4 t.	black pepper, or to taste

Finely mash tofu with a fork in a bowl, then drain in a sieve set over another bowl, about 15 minutes (discard liquid).

While tofu drains, whisk together Veganaise, lemon juice, turmeric, and mustard in a bowl, then stir in tofu, celery, chives, salt and pepper.

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Shopping List

creamy tofu salad

Ingredients	Wieght or Volume	PLU #
Organic Tofu	14 oz. block	_____
Veganaise	1/2 cup	_____
lemon juice	1 t.	_____
turmeric	1 t.	_____
dry mustard	1/2 t.	_____
celery	2 ribs	_____
fresh chives	1/4 cup chopped	_____
salt	1/2 t.	_____
pepper	1/4 t.	_____

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