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Sugar-Free Chocolate No-Bake Cookies

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Looking for a healthier no-bake cookie recipe? Try these easy sugar-free no-bake cookies. They've got a bit of maple syrup and some dates to help sweeten them up, but absolutely no refined or white sugar. And, with just a few simple ingredients, you should be able to whip them up in five minutes flat. This chocolate no-bake cookie recipe is both sugar-free and vegan.

Recipe adapted from www.vegetarian.about.com

- 3/4 cup maple syrup
- 1/2 cup soy milk
- 1/4 cup Earth Balance soy butter, melted
- 2 tbsp cocoa
- 3 cups quick cooking oats
- 3 dates finely chopped

Combine all ingredients in a large bowl and mix well. Drop by spoonfuls onto a baking sheet and chill to set.



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